

Thanks for subscribing!



The MomEconomy

Moms report higher satisfaction when working in the Gig Economy. Mothers have not returned to the workforce to pre-COVID levels, we're here to start the #MomEconomy



We would appreciate your support! Please follow us on platforms and tell a fellow Mom!

THANK YOU!

We Want To Feature You!



What's Your Story?

Every Mother has a different story to share about their journey into Motherhood. As part of our initiative to empower Mothers, we want to feature their stories on our blog! Share your story!



There is no judgment, here. You can choose to remain anonymous or give your name, simply reply with your story to this E-mail

THANK YOU!



Hello there,

Congratulations on being one of our early signups for Instamommies!

I'd personally like to extend a warm welcome, and also thank you for helping us be able to launch in my beloved hometown of the Monterey Peninsula, before expanding to Houston & Silicon Valley.

We currently have a few moms who are available for childcare and household assistance – so *please* send us a message, if you could use occasional or regular help. I'd love to help find these moms some work!

You can also message me – if you are currently looking to offer services, so we can add you to our provider list for bookings. We wish you great success in your mom journey, and are always here to assist you with any questions you may have.

Never forget, you're so "mom" point!!!

**Mimi Park
Co-founder of Instamommies Inc.**





Plan A Date Night Or Spa Day This Week!

InstaMommy One Week Opening

Experienced nanny who will be working w/ special education FT. Available one week only, from 9/26. Vaccinated and CPR certified. Salinas and can travel.

\$22/hr

Instamommy Available!!! Monterey sitter. Weekday evenings Mon–Thurs after 4pm and all day for Fri–Sun.

\$20/hr

Instamommy Available!!! Weekday experienced sitter, available Mon through Fri after 3:30pm in Salinas. Can travel to other cities. \$18–20/hr

Instamommy Available!!! CSUMB student, experienced, CPR certified. Available for afternoons + date nights

\$18–20/hr

Instamommy Available!!! Behavioral therapist available weekends and a few evenings. Experienced with children on the spectrum, with ADD, autism, Downs Syndrome. \$36/hr

Instamommy Available!!! Experienced teen sitter available Fri and Sun mornings. Located in Pebble Beach. \$17/hr



Featured InstaMommy!



Erika is the lovely daughter of a famous voice you may recognize from NPR. Her favorite hobbies are dancing, singing, and fashion. She is available Fri/Sun mornings in the Pebble Beach area. Her favorite part about babysitting is getting to know the child better and interacting with them! Her rate is \$17/hr.

**Do you need a sitter while your kids are on break next week?
Let us help and keep them engaged/entertained with an
Instamommy!**

Instamommy Available: All day weekends, after 6pm weekdays.

CPR/AED certified, experienced nanny, who works in the medical field.

Monterey and surrounding areas, \$24.50/hr.

**Can we help you plan a date night? Bowling, Fine Dining,
Movies, Hotel Getaway or Dancing? Make sure to book an
Instamommy!**

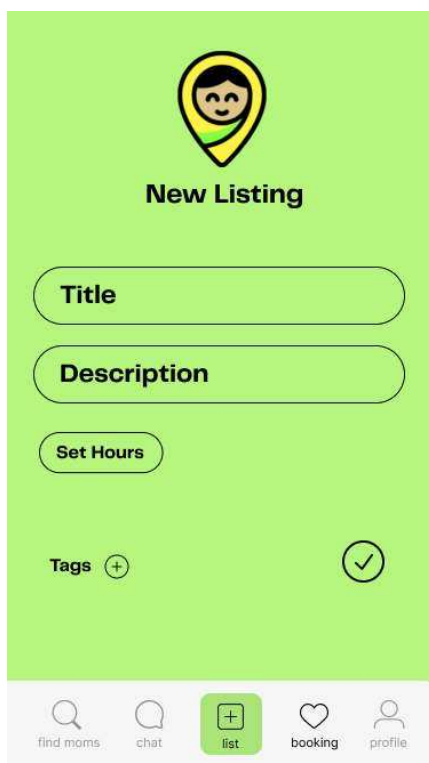
Instamommy Available: Monterey sitter. Weekday evenings

Mon–Thurs after 4pm and all day for Fri–Sun. \$20/hr.

Instamommy Available:

Former nurse providing babysitting at her house in Carmel, while at home with her 1 year old & 15 year old. CPR/background certified, vaccinated + boosted household. Rate negotiable.

Check out The Sneak Peek Of The InstaMommies App!



Weekly Mommy Needs

Please Let Us Know If You Are Available
To Help Any of Our Mamas!



**InstaMommy
Wanted**

**One morning per
week in Pacific
Grove for 2.5 year
old girl**

**Mon-Thurs, 8AM-
1PM in Marina/East
Garrison, starting in
January.**

**Mom seeking
InstaMommy loving
care for an infant.**

**New
Opportunity**

**1-5:30PM M-F
preferably in the
Fort Ord area for
an 8 year old girl**

